

# ENGLISH GOJU RYU KARATE-DO ASSOCIATION

## EGKA Spring Gasshuku led by Sensei Ernie Molyneux, 8<sup>th</sup> Dan EGKA Chief Instructor & IOGKF World Vice-Chief Instructor along with other EGKA Senior Instructors.

### Sensei Andre Leister, 5<sup>th</sup> Dan Kobudo with Sensei Daphne Leister, 4<sup>th</sup> Dan Kobudo.

## 22-24 March 2019

This year's EGKA Spring Gasshuku will be led by Sensei Ernie Molyneux, supported by EGKA senior instructors. There is also a Kobudo session with Sensei Andre Leister and Sensei Daphne Leister.

The event is being held at the Harris Academy, Morden, Surrey.

#### Training schedule

	Friday 22/3	Saturday 23/3	Sunday 24/3
Adults/Cadets* - black	19:00-21:00		
belts only			
Adults/Cadets* -all grades		Kobudo **	
		10:00-11:30	
		Main event	
		12:00–16:00	10:00-14:00
Grading Tooting Dojo	Invitation only		16:00
Children – all grades		10:00-11.30	

#### \* Cadets are aged 14-17

There is one session on 17 March specifically for children under 14. Cadets aged 14 and over can train in the main sessions at their instructor/parent's discretion.

#### \*\* Kobudo

Please bring as many weapons as you can for sharing. Depending on numbers we have some for sharing.



#### <u>Costs</u>

	3 days	Saturday/Sunday	Friday	Saturday	Sunday
Adults	£75	£65 (excludes Kobudo)	£20	£35 + Kobudo session £10	£35
Cadets	£40	£35 (excludes Kobudo)	£10	£25 + Kobudo session £5	£25
Children				£10	
Non-IOGKF	£120	£90	£35	£50 + Kobudo session £10	£50

#### Family training concessions available – third family member goes free

#### Registration

So that we can arrange the teaching rotas, pre-registration is required. Please send the following details to Sensei Linda Marchant at gojulinda@live.co.uk: Name Grade Age Dojo Sessions attending

#### Please pre-register by 16 March 2019.

Registration on the day will take place before training, so please allow time. Please make cheques payable to 'EGKA' or, if paying by cash, bring the correct amount.

#### T-shirts

There are no t-shirts this year.

#### Venue

The Gasshuku will take place at:

Harris Academy Morden, Lilleshall Road, Morden, Surrey, SM4 6DU



# There will be a juice stall, where you can buy tea, coffee and some snacks. There are a number of shops in the vicinity.

#### <u>Travel</u>

The venue is easily accessible by public transport and is close to the A<sub>3</sub> and M<sub>25</sub>. Please use <u>http://www.tfl.gov.uk</u> to plan your journey by public transport.

#### Tube

Morden tube station is the closest (about 1 mile walk).

#### Train

There are 2 stations close by – Morden South and St Helier. Both are on the **Thameslink Loop** which goes into London. The journey time is approx. 30 minutes to London Blackfriars.

#### Car.

The A<sub>3</sub> and M<sub>25</sub> are nearby, providing easy access from all parts of the UK. Parking is available at the Academy, although numbers are limited.

#### <u>Hotels</u>

#### Budget hotels

**London Wimbledon Morden Travelodge** – Saver rate currently £27 per night for a double room, **2 miles from venue** 

http://www.travelodge.co.uk/hotels/51/London-Wimbledon-Morden-hotel/hotel-details

**London Balham Travelodge** – Saver rate currently £33 per night, **4 miles from venue**, next to Balham underground station, which is 5 stops from Morden on the Northern Line http://www.travelodge.co.uk/hotels/555/London-Balham-hotel/hotel-details

#### Mid-priced hotels

Holiday Inn Express London Wimbledon South – Advance rate £61 per night for a double room, 3 miles from venue, 2 stops from Morden on the Northern Line. http://www.hiexpress.com/hotels/us/en/reservation/roomrate

#### See also:

http://www.premierinn.com/en/hotel/LONMER/london-wimbledon-south

http://www.roseandcrownwimbledon.co.uk/hotel-overview.php Wimbledon Village Pub/Hotel, 4 miles from venue

http://whiteharthoteluk.co.uk/ Kingston Pub/Hotel, 7 miles from venue



http://www.cannizarohouse.com/ Wimbledon Village, luxury hotel, 4 miles from venue

The venue is only 30 minutes from central London by tube, so there is also the option to stay somewhere more central.

There are plenty of hotels in the area, so if you're not sure, call Sensei Linda on 07771 932 963 or email her at gojulinda@live.co.uk

I look forward to seeing you all soon!

Kind regards

Sensei Ernie Molyneux Chief Instructor, EGKA